

Orienteering Risk Assessment

	Risk Assessment Completed by:	Hannah Hawkins		
	Date of Risk Assessment:	19/2/2026		
	Date of Next Review:	19/2/2027		
Hazard	What are the Risks	Who is at risk?	What are you going to do about it?	Review & revise
A hazard is something that may cause harm or damage.	The risk is the harm that may occur from the hazard	For example: young people, adult volunteers, visitors	How are the risks already controlled? What extra controls are needed? How will they be communicated to participants?	Keep checking throughout the activity in case you need to change what you're doing or even stop the activity.
Inadequate footwear	Injury, sprains, strains,	All	Ensure participants are wearing appropriate footwear for the terrain and duration of the hike	
Terrain	Risk of injury	All	Ensure participants are aware of uneven terrain around site including incline and chance of rabbit holes and exposed tree routes	
Hanging Branches	Injury,	All	Make sure participants watch out for low hanging branches. Ask them to tell leaders so they can be reported to a member of the Service Team.	
Getting Lost	Not knowing how to get back to leaders. Leaving the site	All	Make sure participants are aware of the boundaries of the site. These should NOT be crossed or climbed over under any circumstances. Participants also to not go into the carpark area. Adults to patrol site during activity to make sure groups haven't got lost.	